

Recipes  
from the

# VEGGIE MOBILE®

Produce Aisle On Wheels

Plum Salsa

## Ingredients:

- 6 Plums, chopped
- 1 Jalapeño, minced
- ½ Red Onion, dice
- ½ Lime, juiced
- Mint, chopped
- Salt

## Directions:

1. Wash all produce
2. Pat dry mint
3. De-seed and mince jalapeño pepper
4. Dice red onion
5. Chop plums into bite sized pieces
6. Add all ingredients into a bowl, toss with lime juice

Enjoy!

*Who knew?*

There are more than 140 varieties of plums sold in the United States. Plums are a good source of Vitamin C!

518-274-8685  
594 River Street, Troy  
vegvan@capitalroots.org  
www.capitalroots.org



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