



VEGGIE MOBILE®

Produce Aisle On Wheels

Corn & Edamame Salad

Ingredients:

- 1lb of Edamame, chopped
- 4 Ears of Corn
- 1 Pint of Cherry Tomatoes, halved
- 3 Tbsp of Chives, diced
- 1 Tbsp of Apple Cider Vinegar
- 1 Tbsp of Olive Oil
- Salt and Pepper, optional

Directions:

1. Wash all produce
2. Cut corn off cob and deshell the edamame
3. Mince chives and slice cherry tomatoes
4. Add all produce ingredients into a bowl
5. Mix produce with apple cider vinegar and olive oil
6. Add salt and pepper to taste

Enjoy!

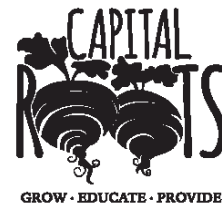


Sponsored by

Who knew?

Edamame which means "beans on a branch" in Japanese are **green soybeans!** Dill grows best along coastal areas and is native to **southern Europe and Russia!**

518-274-8685
594 River Street, Troy
vegvan@capitalroots.org
www.capitalroots.org



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