

Recipes
from the

VEGGIE MOBILE®

Produce Aisle On Wheels

Broccoli Slaw

Ingredients:

- 1 Broccoli, thinly sliced
- ½ Red Cabbage, thinly sliced
- ½ Red Onion, diced
- 2 Tbsp of Apple Cider Vinegar
- 1 Tbsp of Honey

Directions:

1. Wash all produce
2. Thinly slice the broccoli and red cabbage
3. Dice red onion
4. Place all vegetables into bowl
5. Mix apple cider vinegar and honey

Enjoy!

Who knew?

Broccoli is high in calcium and is a member of the cabbage family!

518-274-8685
594 River Street, Troy
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