Sautéed collard greens

Ingredients:
• 1 bunch collard greens
• ½ onion
• 2 cloves garlic
• 3 teaspoons olive oil

Directions:
1. Heat olive oil in skillet
2. Dice onion and garlic
3. Peel greens off of stem, dispose of steam
4. Add all ingredients to skillet
5. Sautee greens for 2 minutes
6. Enjoy!

Who knew?
Collards are an excellent source of vitamins and fiber!