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FOR RELEASE: Immediately on 1/13/14

Capital District Community Gardens Receives \$23,000 in Grant Awards to Support Education Programs

Capital District Community Gardens recently received three grant awards that will be used to support the non-profit's horticulture and nutrition education programs.

The Seymour Fox Memorial Foundation, Inc. awarded \$15,000 to CDCG's Taste Good Series. The Taste Good Series is a six-week nutrition-education program for inner-city children in pre-K through second grade. During the program, CDCG's educator introduces a new fruit or vegetable each week and uses hands-on lessons to enthruse students about trying new foods. Each year, CDCG's Educator involves hundreds of students from local classrooms in the program. The \$15,000 will be used to expand the number of students and schools, daycares and afterschool programs that CDCG involves in the Taste Good Series.

The Presbyterian Hunger Program awarded \$3,000 to CDCG's Garden Education program. Through their Garden Education program, CDCG provides novice gardeners with free and low-cost instruction on organic gardening and food preparation and preservation techniques. Each year, CDCG's Educator involves nearly 150 community gardeners and members of the general public in 25 classes. The \$3,000 will fund CDCG's continued effort to provide educational programming for novice gardeners, many of whom are low-income, minority and senior residents of our region.

The Lucille A. Herold Charitable Trust awarded \$5,000 to CDCG's Garden Education, Taste Good Series and Produce Project programs. The Produce Project is a year-round job and life skills training program that involves underprivileged youth from Troy High School in the cultivation of crops on three acres of urban farmland. The \$5,000 will help support current operations for all three programs.

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Capital District Community Gardens is a 39-year-old nonprofit organization that nourishes healthy communities with nearly 50 Community Gardens, The Veggie Mobile, The Healthy Convenience Store Initiative, The Produce Project, Squash Hunger and more.

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