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**For Release:** July 17, 2015

## **Capital Roots Receives \$10,000 from The Community Foundation of the Greater Capital Region**

Capital Roots, formerly Capital District Community Gardens, recently received a \$10,000 grant from **The Community Foundation for the Greater Capital Region**. With Capital Roots' recent move to the Urban Grow Center and with the expansion of programs, the organization's need for volunteers also grows. This grant by the foundation provides the support needed to develop and conduct outreach and recruitment to expand the number of disabled constituents accessing the organization's produce market, while expanding the number of handicapped and disabled volunteers assisting with the programs.

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*Capital Roots is a 40-year-old nonprofit organization that nourishes healthy communities with 51 Community Gardens, The Veggie Mobile®, Healthy Stores, The Produce Project, Squash Hunger and more.*