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MEDIA ADVISORY

Capital Region Food Day Celebration

*A national day of awareness for local food production, healthful eating
and access to healthier foods*

Date/Time: Monday October 24, 10:00 AM

Location: Shaker Barn at the Shaker Heritage Society, Heritage Lane, Albany.

Contact: Amy Klein, Executive Director – 518/274-8685 or amy@cdcg.org

For Release: Immediately

Across New York State, over 100 events have been planned in honor of Food Day, the new nationwide grassroots mobilization for healthier diets and improved food policies. Events will focus on issues ranging from improving diets to supporting justice for food and farm workers, to developing state and local food policies, to celebrating sustainably grown local produce, to improving the availability of healthy food for low-income communities.

In the Capital District, the celebration is being organized by Capital District Community Gardens, the American Cancer Society, the American Diabetes Association and Honest Weight Food Co-op. Community members have been invited to share fresh, local food and their ideas about healthy living. Held at the historic Shaker site in Albany, this event offers great photo opportunities for members of the press.

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Capital District Community Gardens is a nonprofit organization that has served the Capital Region for more than 35 years. CDCG nourishes healthy communities with nearly 50 Community Gardens, The Veggie Mobile, The Healthy Convenience Store Initiative, The Produce Project, Squash Hunger, The Taste Good Series and Street Tree Planting.

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