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FOR RELEASE: 05/11/2017

Capital Roots Raises \$82,000 at 30th Annual Spring Brunch *Milestone Event Brings in Record-Breaking Numbers*

TROY, N.Y. - On May 7, at the Empire State Plaza Convention Hall, Capital Roots, raised \$82,000 at their 30th Annual Spring Brunch. The event included a buffet brunch featuring culinary fare prepared by 116 restaurants, a silent auction with more than 100 items, an airline ticket raffle, and children's activities celebrating the 10th anniversary of the Veggie Mobile®. Proceeds benefit Capital Roots' programs, including 52 Community Gardens, the nationally acclaimed Veggie Mobile, the Produce Project, Healthy Stores, Squash Hunger and more.

Capital Roots hosted more than 600 guests including Congressman Paul Tonko and Assemblywoman Patricia Fahy. More than 80 volunteers assisted with the event and 320 local businesses donated food, flowers, beverages and auction items.

"This year's Spring Brunch was an impressive milestone for Capital Roots, marking the 30th anniversary of this beloved event," said Amy Klein, Capital Roots' Chief Executive Officer. "When we held our first brunch in 1987 at a local café, roughly 30 people joined us. We could never have imagined the growth we would see. Yet here we are, 30 years later in the Empire State Plaza, our eighth brunch venue, serving hundreds."

The event was sponsored by the Albany Times Union, MVP Health Care, CDPHP, WMHT, Keeler Motor Car Company, M&T Bank, Stuyvesant Plaza, Bryant Asset Protection, Monticello, Licensed Real Estate Broker, Accu Care Home Health Services, Bouchey and Clarke Benefits, Capital Cardiology Associates, PC, CSArch, E. Stewart Jones Hacker Murphy, Finelli Construction Incorporated, Marra's Pharmacy, National Grid, NBT Bank, The Niles Carl Group of Janney Montgomery Scott LLC., NYSID, Pioneer Bank, Pombo Wealth Management, Rose & Kiernan, Saratoga National Bank, Sunmark Federal Credit Union, United Group of Companies, U.W. Marx Construction, Whiteman, Osterman & Hanna, and Wojeski and Co.

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Capital Roots is a 42-year-old nonprofit organization that nourishes healthy communities with more than 50 Community Gardens, the Veggie Mobile®, Healthy Stores, the Produce Project, Squash Hunger and more. Capital Roots is headquartered at the Urban Grow Center, a regional food hub focused on urban agriculture and produce distribution to four counties, enabling Capital Roots to deliver local food and services to underserved neighborhoods and low-income families. Learn more at www.capitalroots.org.

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