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FOR: Immediate Release, 10/3/2011

CDCG Participates in Statewide “Farm to You Fest” Educating Bethlehem Youth about Local Food and Agriculture

Next week, Bethlehem youth will participate in our region’s 3rd annual “Farm to You Fest,” a statewide, weeklong celebration of local food and agriculture during “New York Harvest for New York Kids Week.”

The Bethlehem Healthy Kids Committee, which is coordinating the district’s participation in the event, has invited Capital District Community Gardens (CDCG), our region’s leading resource in urban agriculture that is nourishing healthy communities throughout the Capital District, to share their expertise in urban agriculture and youth training at two events.

October 4, 7:00 p.m. at Bethlehem Middle School’s Auditorium (332 Kenwood Ave. Delmar) – Free screening of Catherine Gund’s award winning documentary, “What’s on Your Plate: A Film about Kids and Food Politics.” Immediately following the 76 minute film, CDCG’s Executive Director, Amy Klein, and other local experts will share their knowledge about urban agriculture during a Q and A session.

October 7, 5:30 p.m. at McCarroll’s Delmar Marketplace (406 Kenwood Ave. Delmar) – Produce, donated to CDCG’s Squash Hunger program throughout the week by Bethlehem youth, will be collected and distributed to local soup kitchens by Capital District Community Gardens and The Bethlehem Food Pantry. CDCG’s Squash Hunger program uses collection bins to gather surplus produce donated by gardeners, farmers and shoppers and uses a network of volunteers to distribute the fresh food to pantries throughout the region.

Building relationships between parents and community partners who are committed to healthy living and youth education, the “Farm to You Fest” helps foster healthy lifestyles in our region’s youth.

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Capital District Community Gardens is a nonprofit organization that has served the Capital Region for more than 35 years. CDCG nourishes healthy communities with nearly 50 Community Gardens, The Veggie Mobile, The Healthy Convenience Store Initiative, The Produce Project, Squash Hunger, The Taste Good Series and Street Tree Planting.
