<table>
<thead>
<tr>
<th>Week Beginning</th>
<th>Planting Schedule Mid-Hudson Valley (May 10 – 20 Frost Date)</th>
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</thead>
<tbody>
<tr>
<td>Feb 14th- Feb 28th</td>
<td>**Under Protection: Onions, Leeks, Scallions, Chives, Celery, Artichoke</td>
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</tbody>
</table>
| March 7th – March 14th | **Under Protection: Arugula, Spring Raab, Parsley, Onions, Leeks, Scallions, Chives, Celery, Artichoke  
Direct Sow: Spinach, Peas, Arugula, Spring / Summer Onions |
| March 21st - April 7th | **Under Protection: Lettuce, Chard, early Cabbage, Kale, Collards, Broccoli, Tatsoi, Bok Choy  
Arugula, Spring Raab, Parsley, Onions, Leeks, Scallions, Chives, Celery, Peppers, Tomatoes, Eggplant  
Direct Sow: Radishes, Spinach, Peas, Arugula, Onions, Broccoli Raab |
| April 14th - April 28th | **Under Protection: Lettuce, Chard, early Cabbage, Kale, Collards, Broccoli, Tatsoi, Bok Choy  
Arugula, Spring Raab, Parsley, Onions, Leeks, Scallions, Chives, Celery, Peppers, Tomatoes, Eggplant  
Direct Sow: Lettuce, Chard, Spinach, Arugula, Broccoli Raab, Carrots, Radishes, Beets, Parsnips, Peas, Onions  
Transplant: Lettuce, Spring Raab, Parsley, Scallions, Chives, early Cabbage, Kale, collards, Broccoli, Tatsoi, Bok Choy, Arugula |
| May 7th - May 21st | **Under Protection: Okra, Cucumber, Melons, Squash, main season Cabbage, Tomatoes, Tatsoi, Bok Choy  
Direct Sow: Chard, Beets, Corn, Lettuce, Carrots, Parsnips, Radishes, Spinach, Peas, Arugula  
Transplant: early Cabbage, Kale, Collards, Broccoli, Tatsoi, Bok Choy, Arugula, Lettuce, Spring Raab, Parsley, Scallions, Chives |
| May 28th - June 14th | **Under Protection: Okra, Melons  
Direct Sow: Okra, Melons, Cucumbers, Squash, Beans, Corn, Lettuce, Carrots, Parsnips, Arugula  
Transplant: Okra, Melons, Cucumbers, Squash, Peppers, Eggplant, Tomatoes, main season Cabbage |
| June 14th - July 7th | Direct Sow: Beets, Bok Choy, Broccoli, Carrots, Cauliflower, Collards, Cucumbers, Fast-Growing Cabbages (such as Early Jersey Wakefield or Red Express), Fennel, Kale, Lettuce, Scallions, Summer Squash, Swiss Chard, Tatsoi, Winter Squash |
| July 14th - 28th | Direct Sow: Beets, Bok Choy, Broccoli, Carrots, Cauliflower, Collards, Cucumbers, Chinese Cabbage, Kale, Kohlrabi, Lettuce, Peas, Rutabaga, Scallions, Summer Squash, Swiss Chard, Tatsoi, Mibuna/Mizuna |
| Aug. 7th – Sept. 14th | Direct Sow: Arugula, Bok Choy, Mache, Lettuce, Mibuna/Mizuna, Mustard Greens, Swiss Chard, Spinach, Tatsoi, Turnips |
| Sept. 21st until the ground freezes | Direct Sow: Continue planting seeds of cold-hardy varieties such as Lettuce, Mache, and Spinach to give plants a head-start on spring. They will overwinter and reward your foresight with delicious early spring salads. Plant cold-hardy brassicas such as Bok Choy for harvest as baby greens. |

Source: [www.seedlibrary.org](http://www.seedlibrary.org)

**Under Protection means in a cold frame, greenhouse, or indoors with supplemental lighting.