



Week Beginning	Planting Schedule Mid-Hudson Valley (May 10 – 20 Frost Date)
Feb 14 th - Feb 28 th	**Under Protection: Onions, Leeks, Scallions, Chives, Celery, Artichoke
March 7 th – March 14 th	**Under Protection: Arugula , Spring Raab, Parsley, Onions, Leeks, Scallions, Chives, Celery, Artichoke Direct Sow: Spinach, Peas, Arugula, Spring / Summer Onions
March 21 st - April 7 th	**Under Protection: Lettuce, Chard, early Cabbage, Kale, Collards, Broccoli, Tatsoi, Bok Choy Arugula, Spring Raab, Parsley, Onions, Leeks, Scallions, Chives, Celery, Peppers, Tomatoes, Eggplant Direct Sow: Radishes, Spinach, Peas, Arugula, Onions, Broccoli Raab
April 14 th - April 28 th	**Under Protection: Lettuce, Chard, early Cabbage, Kale, Collards, Broccoli, Tatsoi, Bok Choy Arugula, Spring Raab, Parsley, Onions, Leeks, Scallions, Chives, Celery, Peppers, Tomatoes, Eggplant Direct Sow: Lettuce, Chard, Spinach, Arugula, Broccoli Raab, Carrots, Radishes, Beets, Parsnips, Peas, Onions Transplant: Lettuce, Spring Raab, Parsley, Scallions, Chives, early Cabbage, Kale, collards, Broccoli, Tatsoi, Bok Choy, Arugula
May 7 th - May 21 st	**Under Protection: Okra, Cucumber, Melons, Squash, main season Cabbage, Tomatoes, Tatsoi, Bok Choy Direct Sow: Chard, Beets, Corn, Lettuce, Carrots, Parsnips, Radishes, Spinach, Peas, Arugula Transplant: early Cabbage, Kale, Collards, Broccoli, Tatsoi, Bok Choy, Arugula, Lettuce, Spring Rabb, Parsley, Scallions, Chives
May 28 th - June 14 th	**Under Protection: Okra, Melons Direct Sow: Okra, Melons, Cucumbers, Squash, Beans, Corn, Lettuce, Carrots, Parsnips, Arugula Transplant: Okra, Melons, Cucumbers, Squash, Peppers, Eggplant, Tomatoes, main season Cabbage
June 14 th - July 7 th	Direct Sow: Beets, Bok Choy, Broccoli, Carrots, Cauliflower, Collards, Cucumbers, Fast-Growing Cabbages (such as Early Jersey Wakefield or Red Express), Fennel, Kale, Lettuce, Scallions, Summer Squash, Swiss Chard, Tatsoi, Winter Squash
July 14 th - 28 th	Direct Sow: Beets, Bok Choy, Broccoli, Carrots, Cauliflower, Collards, Cucumbers, Chinese Cabbage, Kale, Kohlrabi, Lettuce, Peas, Rutabaga, Scallions, Summer Squash, Swiss Chard, Tatsoi, Mibuna/Mizuna
Aug. 7 th – Sept. 14 th	Direct Sow: Arugula, Bok Choy, Mache, Lettuce, Mibuna/Mizuna, Mustard Greens, Swiss Chard, Spinach, Tatsoi, Turnips
Sept. 21 st until the ground freezes	Direct Sow: Continue planting seeds of cold-hardy varieties such as Lettuce, Mache, and Spinach to give plants a head-start on spring. They will overwinter and reward your foresight with delicious early spring salads. Plant cold-hardy brassicas such as Bok Choy for harvest as baby greens.

Source: www.seedlibrary.org

****Under Protection means in a cold frame, greenhouse, or indoors with supplemental lighting.**