



For Immediate Release
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PRESS RELEASE

Capital Roots Board of Directors Welcomes

Rachel Hye Youn Rupright

NYS Department of Health Career Coordinator to Lead Nonprofit's Board

(Troy, N.Y.) – [Capital Roots](#)' Board of Directors welcomes Rachel Hye Youn Rupright, the Comprehensive Career Coordinator for the New York State Department of Health, as their new Board Chair. She was elected at the Board's December meeting.

Originally introduced to Capital Roots as a community gardener, Hye Youn Rupright joined the organization's board of directors in 2013. Since her involvement began, Hye Youn Rupright's work has helped increase the organization's reach to build healthier communities and lead fund development efforts.

Hye Youn Rupright's previous experience includes work with the City School District of Albany, United Way of the Greater Capital Region, and Hunger Solutions of NY including serving as their Child Nutrition Program Specialist. Most recently, Rupright was named by *Capital Region Living Magazine* as a "Capital Region Gives Back" honoree for her work and commitment to Capital Roots. Hye Yon Rupright resides in Albany with her husband, Alex Monticello, and their son.

Capital Roots' outgoing board president, Ellen Flink, has served the organization for two years as its Chair, orchestrating numerous program advancements, including leading its five year strategic plan, launching the new Veggie Mobile® and working directly with staff to help bring healthy food access to hundreds of thousands of Capital Region residents. She joined the Capital Roots' Board of Directors in 2013 and has served on the Board Development Committee and Chief of the Program Committee.

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About Capital Roots. Capital Roots is a 45-year-old nonprofit organization that nourishes healthy communities with 56 Community Gardens, the Veggie Mobile®, Healthy Stores, the Produce Project, Squash Hunger and more. Capital Roots is headquartered at the Urban Grow Center, a regional food hub focused on urban agriculture and produce distribution to four counties, enabling Capital Roots to deliver local food and services to underserved neighborhoods and low-income families.

Learn more at www.capitalroots.org.