In this Newsletter

Taste Good Series
PAGE 3

Food System Assessment
PAGE 4

Our Newest Garden
PAGE 5

Recognition
PAGE 6

Our Work
PAGE 7

Our Contributors
PAGE 8

Love the shirt?

Shop our merchandise and donate to our essential food access work by scanning the code below!
We grow, educate and provide.

From the opening of its first gardens in 1975, to the dynamic and multifaceted organization of today, Capital Roots has worked to reduce the impact of poor nutrition on public health in the Capital Region. We organize community gardens, improve access to healthy food, offer nutrition and horticulture education for all ages and coordinate urban greening programs in Albany, Rensselaer, Schenectady and southern Saratoga counties.

Spring brought to fulfillment the creation of our newest (and one of our largest) community gardens. The new Morris Street Garden in Albany is more than an acre of land that will host 60+ plots for families to cultivate healthy food. As part of our urban land trust, the site will be forever protected! The Morris Street Garden was made possible with a land donation by Tri-City Rentals, Albany Medical Center, BBL and Columbia Development; financial support from the City of Albany and NYS Conservation Partnership Program; and extraordinary assistance from the Park South Neighborhood Association and many volunteer groups. This new garden comes at a time when all of Capital Roots’ gardens are full and more people are anxious to grow their own food.

This year Capital Roots will begin the long awaited expansion of our Urban Grow Center. This effort, fueled by years of planning and assessment of community need has also been updated with lessons learned during COVID. Your support is essential to reach our project goal before we break ground later this summer. Please join me for a virtual update meeting soon!

Until then, be well and thank you for making it all possible.

Amy Klein, Chief Executive Officer
I have never seen kids so willingly try spinach. Our students loved every part of this program!

Since its launch in 2004, the Taste Good Series has received this kind of enthusiastic feedback from teachers and parents of young children who have participated in Capital Roots’ five week program that introduces young children to fresh fruits and vegetables. Parents have called asking how in the world did we get their child to actually eat broccoli!

The secret to success is getting youngsters excited about where their food comes from and how it grows. Learning that a carrot is a root and broccoli is a flower literally gives a child some food for thought and provides the incentive to taste it. Fun activities, including games, songs and stories help further explain concepts like why bees are so essential to our food or how fruits and veggies help our bodies grow strong and healthy.

Capital Roots is fortunate to have a generous grant from the Carl E. Touhey Foundation to support the implementation of the Taste Good Series in Albany City Schools. In fall of 2019, we got off to a great start presenting the program in more than 20 classrooms to hundreds of students. But in March 2020, with 20 additional classrooms on the calendar, the pandemic put everything on pause and schools were hit especially hard. With so much confusion and constant changes on how best to teach while dealing with Covid-19, schools were understandably overwhelmed, and Taste Good was on hold.

When school started back in September 2020, we partnered with KIPP Tech Valley to offer Taste Good virtually to an afterschool program for 1st and 2nd grade students. This was our first experience offering the program virtually but we had great success, thanks to the teachers and staff who went out of their way to get the weekly tasting and materials to the students’ homes. That success led us back to Eagle Point Elementary where 1st and 2nd grade classrooms participated virtually and continued with more classrooms at TOAST.

Our Educators sure miss being in the classroom, but they are thrilled to see the young students so engaged and enthusiastic, making the virtual adaptation of this program a true success. We look forward to working with more schools and students in the very near future.
In February, Capital Roots launched the Greater Capital Region Food System Assessment. This project, which was initiated in 2016, is a tool for regional food system development that builds community food security and the local food economy. The research is packaged for food system stakeholders - like funders, policy makers, researchers, non-profits, and key actors - to make informed decisions on how to strengthen our regional food system to better support low-income consumers and small food businesses.

The launch consisted of the digital publication of the Assessment and a virtual press conference featuring a presentation of findings by Amy Klein and feedback by Richard Ball, Commissioner of Agriculture, New York Department of Agriculture and Markets; and Barbara Guinn, Deputy Commissioner of New York State Office of Temporary and Disability Assistance. Questions from the audience were answered by the speakers and the Assessment Team: Amy Halloran, Assessment Writer and Local Food Author; and Marissa Peck, the Food Assessment Coordinator. The assessment will help the region understand the capacity for locally produced food to fill gaps in urban markets, including distribution infrastructure needs and local food processing opportunities.

As we plan for the remainder of 2021 and look to building back better in the wake of COVID-19, the Assessment will serve as a roadmap for our policymakers and region’s leaders to create a food system that better serves its producers, processors, distributors and consumers.

To learn more about the food system assessment and the impact on our Greater Capital Region Food System, please visit www.capitalroots.org or scan the QR code below.
Introducing our New Morris Street Community Garden

Our Community Gardens program is growing! On Earth Day, we cut the ribbon on our newest Community Garden at Morris Street in Albany. With 60 plots for families to grow their own organic food, this provides an essential green space in downtown Albany. More than 4,000 residents of the Capital Region reap the benefits sown in our 55 organically managed community gardens. Roughly 441 tons or $2 million worth of organic produce is harvested annually from the organization’s plots throughout Albany, Rensselaer, Schenectady and southern Saratoga counties. This space will be a part of Capital Roots’ urban land trust and protected forever as a Community Garden and neighborhood resource. Land donation was made possible by Tri City Rentals, Albany Medical Center, BBL and Columbia Development.
IN RECOGNITION OF HIS DEDICATION TO CAPITAL ROOTS

We want to recognize James, our Healthy Stores Coordinator, who is moving on from Capital Roots after more than five years of service. He was an icon of our organization and brought an inspiring attitude, work ethic and sense of humor that is already missed. During the pandemic, he was out on the frontline every day to make sure that our network of neighborhood Healthy Stores and the people that rely on them were provided for. James did a lot of incredible work that in his words, was “supporting the communities I’m from in their own growth, and helping to move the organization in directions that would help facilitate the growth of our communities.” Thank you for your dedication to Capital Roots and our communities and for being an amazing coworker and friend!

THANK YOU JAMES!

INTRODUCING OUR NEW BOARD PRESIDENT, RACHEL HYE YOUN RUPRIGHT, MSW

Originally introduced to Capital Roots as a community gardener, Rachel Hye Youn Rupright joined the Board of Directors in 2013. This past December, Rachel was recognized by Capital Region Living Magazine as a “Capital Region Gives Back” honoree for her work and commitment to Capital Roots. In Rachel’s own words: “I became involved with Capital Roots several years ago as a community gardener in Albany. I used to walk to and from our garden plot in Center Square with a bag of gardening tools and armfuls of harvested kale. Over the years, I have learned more about the programs and impact that Capital Roots has in our community. As Board President, I’m proud to be an ambassador and cheerleader for the organization, serving alongside a dynamic group of board members and supporting an incredible staff.” We look forward to Rachel’s guidance and leadership as Capital Roots continues to grow and serve the Capital Region.

CAPITAL ROOTS BOARD SPOTLIGHT
Originally introduced to Capital Roots as a community gardener, Rachel Hye Youn Rupright joined the Board of Directors in 2013. Rachel's commitment and work has to our Healthy Community. This past December, Rachel was recognized by Capital Region Living Magazine as a “Capital Region Gives Back” honoree for her work to Capital Roots. In Rachel's own words: “I became involved with Capital Roots several years ago as a community gardener in Albany. I used to walk to and from our garden plot in Center Square with a bag of gardening tools and armfuls of harvested kale. Over the years, I have learned more about the programs and impact that Capital Roots in our community. As Board President, I’m proud to be an ambassador and cheerleader for the organization, serving alongside a dynamic group of board members and supporting an incredible staff.” We look forward to guidance and leadership as Capital Roots continues to grow and serve the Capital Region.

Urban Grow Center Market sales increased 300% from the previous year. $100,852 of fresh quality food was sold in a low-food access neighborhood.

Our Farm to School program delivered local produce to area schools all over the Capital Region, including our newest, Albany City Schools. Since the formation of the program, New York State apples have been a constant favorite with a whopping 400,000 plus apples delivered so far!

75 volunteers helped our Squash Hunger program distribute 155,994 pounds of mostly locally grown food to more than 80 food assistance programs all around the greater Capital District Region.

The Veggie Mobiles® experienced a 62% increase in EBT/SNAP® dollars used. During the pandemic SNAP beneficiaries were given the maximum allowable benefit. Families chose to spend these benefits on healthy fresh food!

Our staff and 32 volunteers installed a rain garden, border gardens, and planted trees across the City of Rensselaer. Urban Greening Projects not only enhance the beauty of the Capital Region, but also provide benefits to our natural ecosystem.
Contributions From Our Friends

HARVEST HELPERS (MONTHLY SUPPORTERS)

Geoffrey and Kristen Abbas
Mary Applegate and Charles Fisher
Bridge Ball Shaw
Johanna Batman
Edna G Beers
Mary Beth and Bob Blackmon
Tara and Stephen Brown
Jonathan and Anne Cassidy
Janet Cohn
G. John Delory and Joseph D. Leonard
Keith and Jill Faustel
Hugh Fisher and Susan Witenberg Fisher
Dorothy Guglielmo Pokluda
Madeline Haas
Petra Hahn
Gail Hughes-Morey
Jane and John Husson
Bob and Karen Kanarikiewicz
Rebekah and Curtis Klope
Jordana LaFantasie and Darren Gemoets
Karim Lang
Linda M. LeClair
Wendi Lindskoog and Geoffrey Hoderath
Wendell Lorang
Seamus Mahoney
Laura Matturro
Claire Miller
Steven Moragne
Geralyn O’Reilly
Marcy Palmer
Terra Pfund
Nancy and Fred Preston
Tim Sarrantonio
Patti Schachter
Margaret Shirk and Daniel Mehlman
Mari Shopis and Eliza Kent
Karl and Donna Staufenberg
Rebecca and Lee Stetzer
Hannah Swetnam
Daniel Thompson
Vicki Turetsky
Lindsay Wiginton
Susan Yavaniski

SUPPORTERS

Mary Abbott
Kathy and Carlo Agneta
Barbara J. Ahern and W. Conard Holton
Shawn Allan and Nicholas Hepler
John and Mary Ann Allen
Wallace and Jane Altes
Herm and Linda Ames
Peter D. Amorosa and Samantha L. Lord
Jill Anderson
Eric Anderson and Caroline Lee
Alyce Ashe
Anne Ashmead
Nate Atimari and Georgette Steffens
Kory Aversa
Sharon C. Awramik
Bruce and Carolyn Barker
Brea Barthel
Patricia A. Bayly
Katherine and Greg Beam
Sharon Bedford and Fred Alm
Ellen Higgins and Richard Beer
Karen Beetle and Victor Anderson
Eidin Beirne
Timothy Bell
Jeffrey and Louise Bender
Pamela Bentien
Laura Benton and Kate Pabst
Anne and Thomas Benware
Michael Bergen and Abbie Kiley
Sharon Berko
Elmer and Olha Bertsch
Robert Bickford
Larry and Jeanne Biggins
Robert Bickford
Larin and Jeanne Bertsch
Mary and Jim Bilik
Colleen Biscoglia
Lizbeth Bitner and Gregg W. Brown
Susan Blalay
Sarah Blair
Susan Blandy
Deborah Blood
Jennifer Blood
Drs. Naomi Bloomfield and Jay Bloomfield
Steve and Sarah Boggess
Christine Boice Saplin
Valerie Bok
Joseph Bonkoski
James Boswell
Mary Bouchard
Peter Bowden and Sharon DiLorenzo
Cecilia Bowerman
Michael Boxley and Karen McKeown
Charles and Kathryn Boylen
Mary Lynn Bradley
Thomas Brady and Lorraine Keegan-Brady
Christopher Brassard and Lisa Pouchak
Leo and Alice Bresnahan
Dorice Brickman
Lee Bridenbeck
Martha Bridgewater
Michele Brinkman
Janet Brit and John Dojka
Albert Brooks
Peter and Debbie Brown
Ellen Browne
Iris Brody
Ronald and Marie Bruschi
Charles and Charlotte Burnham
Douglas G. Bucher
Michael Burlaugh
Doug Burns and Michele Pigliavete
Burns
Meredith Butler and Gloria DeSole
Deborah Byers and Frank Pitts
Dana and Glenn Cadman
Moss Cail
Katherine Caperna
Paul Caperna
Kimberlee Caperna and Jamie Clifton
John Carboni
Florence and John Carnahan
Judy Caster
Arien and Rebecca Cartrette
Darlene and Dan Casale
Ryan and Annie Case
David Cass
Jonathan and Anne Cassidy
Sarah Cavanaugh
Catherine Cavanaugh
Michael and Sheryl Centanni
Amy J. Chaput
John and Joyce Chupka
Sarah Clark
Matthew Clarke
Kevin Cleary
Judy and Tom Clement
James Clifton
Gwen Coats
Findlay and Marcia Cockrell
Jeff and Debbie Cohen
Seth Cohen and Ellen Tucker-Cohen
Janet Cohn
Sharon Cole
Gina Collazo
Debra Colwell
Jennifer and Thomas Congdon
Edward and Susan Connolly
Margaret Connors and James M. Sheridan
Eileen Considine
Hon. Richard Conti and Steve Snow
Anne Conway
Marr and Penny Cooper
Jane Cordts
Kevin Cornils
Sanjay Correa and Carol Hyde
Bartley Costello
Christine Costopolous and Marc Gerstman
Emily and Matthew Cote
Paul and Barbara Counterman
Rita Cox
Leslie John Craigue
Donna E. and Wilson Crone
Paul and Michelle Culligan
Deidre Dalton
Joseph Dalton
John and Julie Darling
Karen D’Ascoli
Susie Davidson Powell
Kathy Davis
Al De Salvo and Susan Thompson
Lureen DeBonis Cardish
Patricia Dederick
Philip and Paula DeGaetano
Suzie and Joseph DeGeorgio
Carisa DelKalb
Mike DellaRocco
Sharon Derecki
Ann M. and Timothy J. Devine
Barbara and Jack Devore
Dee Dee Dicicco-Craft and Mike Craft
Diane DiGiorgio
Sharon T. DiLorenzo
Betty DiMaria
Steve Disorbo
Jennifer Dodge
Brian and Toni Doherty
Marilyn and Peter Douglas
Bob and Maribeth Krupczak
Nancy and Bill Down
James Drislane
Donna Duffy
Ronald Dunn and Linda Pelosi-Dunn
Catherine Durand
Joseph Durkin and Linda Stadlander
Ann Dusza
Janet B. Dye
Frederick A. Eames
Christopher Eastman
Patricia and Bob Eaton
Caitlyn Edmundson
Mark and Kathy Eggers
Norine and Chuck Ellett
Herbert and Annmarie Ellis
Heidi Emerly and Mike Wheeler
Jeffrey and Lorraine English
Johanna Ennist
Lena and Matthew Eson Roe
Jeff and Deb Esposito
Raymond E. Essiembre and John Falciano
Amy Facca
Owen Goldfarb and Priscilla Farkas
Eileen Faist
Robert Fukindiani and Anne Finch
Evelyn Stern Farbarthe
Karen Farfield
Noreen Fargione
James and Barbara Featherstonhaugh
Linda Feldmann
Gina Feliciano
Pamela Fetcho
Bradley and Sharon Ossip Fisher
Kevin Fletcher
Drs. Kyle and Anna Flik
Edward and Ellen Flink
Deirdre Fogarty-Harris
Edward Foss and Margaret Inderhees
Ann Marie Franke Suarato
Alexander Franz
Lilajane Frasarelli
Jennifer Freeman
Debra and Wayne Freihofer
Ilene R. Friedman and Keegan J. Bailey
Alan Fritz
David Fujikawa
Maura Fuller
Elizabeth Gaffney and James Kopp
Lawrence Gambino and Linda Hunt

BECOME A HARVEST HELPER

Thank you Harvest Helpers! We could not continue our programs without you! Regular Harvest Helper donations allow Capital Roots to keep pace with our essential food services throughout the year and make an enormous difference in the lives of our Capital Region neighbors seeking affordable, fresh healthy food.
The following donations were received between November 2020 – March 2021

Marc Ganz
Kate Gargiulo
Janet E. Gargiulo
Paola Gargiulo
Anthony Garner and Sabra Sanwal
Laurie Garramone
James Gaughan and Keith Lee
Marie Gavazzi
Meg Gavin
Yvette and Alan Gebell
Marjorie Geiger
Jean and Antoine Gerbini
Melinda Larsen and Michael Gerdes
George and Marie Giokas
Gary David Gold and Nancy Pierson
Sol Goldstein
Marc and Cynthia Goldstein
Carlsbury Gonzalez
Nancy Goody and Greg Bell
Jacqueline Goralszcyk
Herbert and Shirley Gordon
Jane Gray
Barry and Karen Greene
Martha Greene
Patrick Greene and Ellen Sax
Meryl and John Guererro
Margaret Gulliver
Winston Hagborg and Deborah Dewey
Mary Kate and Jeffrey Owens Hall
Scott and Caryn Halle
Michael Halloran
Liz and Kenneth Halvorsen
Joan Ham
Elizabeth S Hamel and Thomas Hamel
Heather Hamlin Martin and James Martin
Ann M. Harrington
Patricia Harrington
Cherry and Earl Harrison
Margaret and Jonathan Harvey
Michael W. Hatcher and Mardi Crawford
Laura Havens O’Brien
Lois Hazeltin
Marion Heller
Tom Hemming
Laurence Sombke and Catherine Herman
Philip and Cathleen Herrington
Beth Hershenhart
Kimberly Hickok and Mark Crabbe
Mariel Hilowitz
Linda Hlavacek
Barbara Hoffman
Donna and Jonathan Hoffman
Gary Hoffmann
Bill Hope
Marlene Horne
Deven Horne
Dr. James Hendler and Cantor Terry Horowit
Alta Hosley
Chris Wilber Howard and Richard Howard
Andrea Hyary
Frances and Jim Hyde
Naomi Inglis
Marc and Jessica Iorio
Lisa Nissenbaum and Kenneth Jacobs
Emily M. Jahn and Casey J. Crossley
Krystin & Tom Jaklitsch
Lois and Michael Jensen
Kathy and Vince Jimino
Roy Johnson
Annette M. Johnson
Hugh Johnson and Tara Shannon
Roberta Johnson Killeen
E. Stewart Jones, Jr. and Kimberly Sanger Jones
Herb and Linda Jurist
Andrew James Kaises
Bob and Karen Kanankiewicz
Marilyn Kaplan
Karen R. Kaufmann
Susan Keating and George Cushing
Marcia Keefe
Mary and Michael Keegan
Alexander and Gail Keeler
Hayley and Leslie Kellam
Gary Lind and Ellen Kelly-Lind
Elizabeth Kenney
Dr. Shawn Kielav and Rabbi Rena Kieval
Arthur and Heather Kilmer
Fran Kimball
Madison Kincaid
Abby Kinchy and Nathan Melz
Candace King Weir
Tam Kistler
David Kitt
Jane Klarsfeld
Amy Klein
Christine Kleinegger
Nancy Klepsch and Lauren Pinsley
Kerri Klutetzman and Scott McDonnell
Lenny and Liz Kluz
Reggie and Shelley Knight
William and Audrey Koester
John and Mary Kolb
Lynn Kopka
Annette Kowren-Roth
Anoush Kotoshiian-Scott and Paul Scott
Mary Krenceski
Robin Krummocker
Kathleen Landry
Richard and Rebecca Langer
Ann Lapinski
Lucy Larner
Marc Laymon and Heidi Muir
Michelle Leffler
Rena Lebowitz
Megan Leitzinger
Marisa Leonard
Vincent Lepera and Barbara Meagher
Robert Levine and Wenyen Jiang
Will Levith and Laura Kozien
David Linn
Donald Lipkin and Mary Bowen
Gary Litwin
Mike and Patricia Lourdis
Diana Lu
Clarence Lu and Judy Kodela
Ann Luby
Susan Moyle Lynch and Michael Lynch
Florence Lynds
Rona Lyons
Lynn P. MacGowan
Melinda Mack
William T. Madigan and Gail D. Madigan
Jessica and Sean Mahar
Jacqueline Mahoney
Patricia Jo Mahoney and Daniel P. Mahoney
Jenny and Jim Malatras
Marie Malsch and Michael Malsch
Kate and Ryan Manley
Barbara and Charles Manning
Theresa Marino and Joseph Halleck
James and Carolyn Martel
Doug Martin
Susan Martin
Ron Mason
Shannon Mason
Scott and Bridget Masters
Ellice Matza
Felicity May
Sara McCain and Judith Fetterley
Kevin and Luanne McCarthy
Genevieve Maucary
LuAnn McCormick, PhD and Karen Foley
Martha McCormick and Thomas Barone
Thomas and Rose McGovern
Diane McGrath
Lisa and John McGrath
Elise McGrath Klee
Barbara Bradley and Tom McGuire
Aimee and Gordon Mckane
Don and Elizabeth Ann Maughlin
Jacqueline Powell McManus
Timothy and Maureen McMullen
Tom McPheeters and Nancy Ost
Stephen Mead
Elizabeth Meer and Andy Beers
Wendy and Rudy Meola
David Merwitz
John Mesch
David C. Metz and Barbara C. Metz
Adrian Michalski
Laura Anne Michelson
Bea Miller
Claire Miller
Alan Miller
Anne Miller
Hilary and Nicholas Miller
Susan Mitnick
Maggie Moehringer
Patricia Moger and Sid Reischer
Rachel Moore
Leslie and Michael Moran
Peter Morley
Shawn Morris and John Wellspeak
Linda Mougehmer
Ann Moyinhan
Wendy Muhlfelder
Stephen and Mary Muller
Celia Murray and James Wilson
James and Dorothy Murray
Michael Myer
Russ and Rebecca Myer
Jill Nagy
Annette Nanes and Scott Meyer
Donald and Ellen Nash
Stefanie Neubert & Gerald Eddy
Mark Newbold
Ray Newkirk and Christy D’Ambrosio
Ella Mae Newson
Jeanette Nicholson
John J. Nigro
Nancy Niles
Cynthia Nixon
Arlene Nock
Michael Nofal
Lyntee and Bernard Noonan
Dennis Northrup
Lyle and Eva Norton
Bob and Pat Obrecht
Paula O’Brien
Kevin and Pat O’Bryan
Jose Montiel Ochea
Robert O’Connor
Margaret O’Connor
Patricia O’Connor and Marion Tenzerino
André O’Neil
Chef and Karen Opalka
Thomas and Tony Owens
Kate Owens
Jason and Lisa Packer
Gail Padalino
Lee Vaughan and Varada Pandya-Vaughan
Eileen Papas
William and Judith Parry
Linda J. Passarelli
John and Jane Pattison
Wendy Pattison and Bill Schroeder
Marissa Peck
Barbara Peer and Daniel Wedge
Susan Perry
Sharifa Perry
William Petell
James and Stephanie Pettit
Jenny Petillosh-Hicks
Ann Pfaul and Dave Hochfelder
Dan and Susan Pfaul
Alice and Thomas Pfeiffer
Kim and Brian Phelan
Thomas Phillips
Dan and Jennifer Pickett
Susan and Bill Picotte
Bob and Ruth Pierpoint
Debra Pigliavento and Don Edmans
Mary Pilkington
Kathryn and Joseph Pingeliski
Tracy Pitcher
Susan Poisson-Dollar and Jerry Dollar
Patricia Polan
Victor and Despina Politzi
Alma Poole
Julia Popova
Lois and Don Porter
Katie Porriss
Denise Poutre
Allison Pratt-Szeliga
Kimberly and Mike Preiksaitsis
Jim and Wendy Proulx
Norah Pueschel
Ann Putnam
Leonard Putnick
Curt Breneman and Miriam Pye
Brin Quell & Ray Tilliman
Mahtie and Patrick Quinn
Ramona Quirion
Jenny and James Quirk
Margaret & Paul Randall
Judit Ranner
Patricia and Konrad Raup
Becky Raymond
Nancy Reich
Hon. William Reinhart and Gail Landsman
Judith and Mike Revai
Robert and Cristine Reynolds
John Rhinemiller
John Rhodes
Priscilla Richards and Michael Ratner
Fary Nigro
Kenneth and Joanne Riddett
Stephen and Susan Ridler
Rachel Riemann Akera and Atsushi Akera
Patricia Rittveld and Chris Liuzzo
Wanda Rivera
Allison Rivers
Sean and Kathleen Robbins
Dr. Eric S. Roccio and Leslie Rellen
Reilman and Patrick Quinn
Steven and Janice Rocklin
Elizabeth Rodriguez
Tomasa Rodriguez
Dan and Laura Rogers
Joan Rogers
Darnell Rohrbaugh
Jane Roodeburg
Julia Rosen and Charles Braverman
Contributions From Our Friends

Elena Rosenbaum and Steve Di Stefano
Meisha Rosenberg
Paul Rosenberg
Mr. & Mrs. Rosenthal
Jacqueline Rosetti Falvey
Jessi Lee Ross
Lisa and Malcolm Roth
Michael I. Rothschild and Molly A. Masterton Rothschild
Courtney Rubin
Joseph Rubino
Thomas Ruller
Rachel Hye Youn Rupright and Alexander Monticello
Joann Ryan
Linda Ryan
Christina and Daniel Ryan
Colleen Ryan and Eric Hoppel
Laurie and Jim Salmon
Betsy Sandberg-Nissen and Steve Nissen
Julie Sasso and Patrick McMarry
Anne Savage and Michael Myers
Meredith Savitt and Philip Rosenberg
James and Joan Savitt
Daniel Saward
Kenneth and Mary Scallon
Amy Schallop and Lee Greenstein
Edward B. Scharfenberger
Alan C. Schick
Peter Siff and Nancy Willie-Schiff
Cornelia Schmitter
Elisa Schneider and Erwin Bernhart
Jennifer Schulaner
Marcia Schultz
John E. Schumacher
Robert and Gail Schwartz
Bill Scialdo
Amy Scott and Andrew Bailey
Lisa Scott
Deborah Segel
Lauri and Florence Selin
Toro Shamlan
Ann and Robert Sharpe
Andrea Shaye
Brian Shea
Susan Shipherd
Richard and Eileen Shirley
Mary Ann and Bruce Shubert
Cynthia and Herbert Shultz
Jessica Sieg
Cheryl Simmons
Randy Simon and Rachel Cohon
Ellen and Tom Sinopoli
Jonathan Skinner
Christine Skubon
Todd Slingerland
Ruth Smalley and James Peltz
Brad and Susan Smi
Raymond and JoAnn Smith
Perry Smith and RoseAnne Fogarty
John Smolinsky and Ellen Prakken
Susan and Eugene Sneeringer
Jennifer Snyder
Joel Sodano
Deborah Spencer
Ronald and Judy Stamp
Karl and Donna Staufenberg
Fred and Maren Stein
A.L. Steiner and Rachel Berks
Ron and Ellen Stewart
Adam and Jeanne Stewart
Emily Stewart
Charles and Pamela Stock
Kevin and Eileen Stone
Howard and Margaret Stoner

Mindy and Jake Stookey
Katherine Storms
William and Linda Storz
Mary Ann and Carl Strom
Julie Suarez
Florence and Thomas Suraci
James Surano
Carol Sweeney
Dorothy Szymaszek
Louise M. Tarantino and John J. Privitera
Diane Tate
Rachel Teklo Opare Sem
Paula Temple
Phillip and Martha Teumim
Jane Thapa
Jennifer Theakos
Prank and Liz Therrien
Kathlene Thiel and J. Eric King
Vickey and Peter Thomas
Jo Ann and Patrick Timme
Ann and Ellis Tobin
Robin and Daniel Tobin
Doris Toner
Congressman Paul D. Tonko
Heather Trela
Janet and Ned Tromby
Jessica and Steve Trowbridge
William Tuthill and Gregory Anderson
Edward and Karen Utberg
Laura Van Deusen and Bob Von Achen
Don Vanderhoe
Michele Vennard and Gordon Lattey
Rinaldo P. Villa
Ann Villet
Pierrette Virkler
Joseph Visalli and Matic Flowers
Gail and Larry Volk
April Volk Ulrich
Betsy Voss
Eugenia Wade
Christine Wagner
Erin and Corey Walsh
Cynthia M. Warner and John W. Warner
Edward and Judy Warren
Audrey and Sharon Watkins-Fox
Roslyn Webber
Susan Weil
Andrew Weil
Christian Wetzler
Dorsey M. Whitehead
Michael and Margery Whiteman
Lauren Williams
Nancie Williams
Elizabeth and Wayne Willson
Rodney Wiltshire Jr. and Jolene Wiltshire
Paul Wing
Michael Wolff and Linda ScrafFord Wolff
Gregor Wynnuczuk
Michele and Sean Wyse
Grazia and Matt Yaeger
Scott and Mary Kate Young
Kristina Younger
Kathleen Zilch
Steve Zimmerman and Maria Pensiero Zimmerman
Elizabeth Zwink

IN TRIBUTE TO
Amy Klein
by Molly and Ken Gernick
Amy Koren-Roth
by Judith Lee
Andy and Amanda
by Susan and Paul Bove
Anne Reilly
by Theresa Portelli
Bill and Audrey Koester
by Marjorie and Nick Thul
Bob Mace and Dusty Yaeger
by Laura Mace Martin
Elizabeth Leith
by Duncan and Stephanie Stewart
Jeff and Deb Cohen
by Leslie Baker and Geoffrey Patack
John and Wendy Fox
by Thomas O. Putnam
Kimberly Hickock
by Lavenlair Farm
Leanne Alkis-Kirszen
by Lela Katzman
Rachel Hye Youn Rupright
by Nancy Marvan
by Sally Easterly
by Daniel Kesselring
Ralph Passonno
by Dr. and Mrs. James Strosberg
Robert Nerenberg
by Daniel A. Nerenberg
Romulo Brons
by Jen Brons
Rosemary Brinkman
by David Giblin
Russell Fricke
by Edan Gervasio
Sharon Di Lorenzo
by Thom Gonyea
Sue Ridler
by Laura Ferris & Garrett Hamlin
Susan Moyle Lynch
by Sarah Moyle
Wendy Meola
by Gary and Staci Jurczyński
by Sarah and Kana Mukerji
by Kathy Slosberg
Will and Lois Asher
by Shellie Ware

IN MEMORY OF
Alane Hohenberg
by Paul Hohenberg
Amy Devine
by Ann Marie Devine and Ed Degen
Bakari Lake-Sample
by Jacqueline Lake and Serwa Lake-Sample
Bruce Sowalski
by Holly Karz and Bill Harris
Carlos Gutierrez
by Patricia Gutierrez
Carolyn Law
by James Monahan
by Millicent Morris
Chico Christopher
by Ellen and Mark Conroy
by Laura Ryder and Corey Buﬁ
Chico, Dean and Mary Jane
by Bob Dufﬁ
Cindy Berek
by Steve and Cindy Berek
David Canepa
by Annette and Kenneth Colloton

BECOME A CORPORATE SPONSOR WITH CAPITAL ROOTS
MAKE A DIFFERENCE IN OUR COMMUNITY
Join our growing Harvest Helper team!

We know that plants need a few key things to grow, and so do we! For as little as $10 per month, you can provide sustaining support to our educators and our essential food access services. Become a Harvest Helper, and support Capital Roots with a recurring monthly donation.

Yes, you can count on my support. Please make your tax deductible donation out to Capital Roots.

Name: ____________________________________________
Address: __________________________________________
E-mail: _____________________________________________
Telephone: __________________________________________
My gift is in honor/memor y of: ________________________________
Please send acknowledgements to: _____________________________

To make a legacy gift to Capital Roots please contact Amy at 518-274-8685 or amy@capitalroots.org

Mail checks to: Capital Roots, 594 River Street, Troy NY 12180.

$45 - Friend
$60 - Farmer
$120 - Supporter
$500 - Benefactor
$750 - Cultivator
$1,200 - Student Sponsor
$2,500 - Essential Sponsor
$5,000 - Community Sponsor

I would like to become a Harvest Helper with a monthly donation of $__________.

Donate online at www.capitalroots.org.
Capital Roots

Spring Plant Sale

We are excited to host our annual outdoor Spring Plant Sale and hope you will join us! Featuring heirloom tomatoes, perennials, herbs, veggies, flowers, houseplants and more!

May 15, 2021
9:00AM - 2:00PM
594 River Street, Troy NY