



Healthy Retail Intern

About Capital Roots:

Capital Roots is striving to create a more vibrant and equitable food system. We work to reduce the impact of poor nutrition on public health in New York's Capital Region by organizing community gardens, providing healthy food access, offering nutrition and horticulture education for all ages, and coordinating urban greening programs in Albany, Rensselaer, Schenectady and southern Saratoga Counties. Our mission is to nourish healthy communities by providing access to fresh foods and green space for all.

Position Description:

We are looking for a motivated Healthy Retail Intern to assist in developing and executing interventions that enhance food access across the Capital Region. All necessary training and guidance would be provided by the Retail Markets Director, and interns will also work closely with other members of the Food Access Team. We require a commitment of 8 -10 hours per week.

Responsibilities include:

Cut Product:

- Coordinate the packaging of all Cut Product items and distribute to applicable programs
- Process in-house produce that is not pre-cut using proper knife handling skills, sanitation procedures, and Good Handling Practices (GHP)
- Organize and execute the promotion of new and current Cut Products to customers
- Identify and develop new products with the Food Hub Buyer
- Collaborate with Volunteer Coordinator to ensure Cut Product is packaged and prepared with the help of volunteers from the community

Virtual Veggie Mobile® - Individual Buyer Program:

- Assist with preparing online orders for customers by gathering produce and products

Qualifications:

- Ability to lift boxes of produce weighing up to 50 pounds
- Ability to work both independently and collaboratively with other Food Access team members
- Excellent communication and organizational skills
- Genuine interest in the mission of Capital Roots, public health and food access

Compensation:

This internship is unpaid. College credit may be available.

Opportunities for long-term research projects available. Email with project interest.

Send cover letter and resume via email to: Collin Parlman, Retail Markets Director

Email: retaildirector@capitalroots.org