

FOR IMMEDIATE RELEASE

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PRESS RELEASE

Capital Roots Partners with Free Food Fridge Albany and MACSC to Provide Around The Clock Access to Fresh, Local Food in Mechanicville

Mechanicville, NY – Capital Roots, a prominent non-profit organization dedicated to nourishing healthy communities in the Capital Region, is delighted to announce its collaboration with Free Food Fridge Albany and Mechanicville Area Community Services Center. Capital Roots facilitated the acquisition of a new refrigerator, painted by local artist Sion Hardy, which was installed at the Mechanicville Area Community Services Center on Thursday, March 14. The fridge is operated by and stocked with nutritious food by Free Food Fridge Albany and weekly deliveries of fresh, local produce from Capital Roots. This project was made possible by a grant from the New York State Department of Health - Creating Healthy Schools and Communities (CHSC).

As the very first Free Food Fridge in the City of Mechanicville, it will help individuals and families facing food challenges access the quality, nutritious foods they deserve around the clock.

“MACSC is incredibly proud to work with Capital Roots and Free Fridge Albany to not only become the first free fridge in Mechanicville, but also finally have a refrigerated outdoor space to house donated perishables that community members can access at their own convenience. We are thrilled to partner with all who made this happen!” said Meghan Quillinan, Executive Director of Mechanicville ACSC.

“We are expanding our long standing relationship with MACSC and starting a new collaboration with Free Food Fridge Albany to provide a new means of fresh food access for the city of Mechanicville,” said Amy Klein, CEO at Capital Roots. “The CHSC funding continues to allow our Healthy Communities team to expand our reach and community partnerships in new and exciting ways.”

"Free Food Fridge Albany is elated to partner with MACSC through Capital Roots. The work that we all do can not be done alone, it takes the community coming together for the greater good of the people. As we grow our organization it is vital that we expand our reach through connections and collaborations like this. Our mission is to provide healthy, nutrient dense and low interventions foods. Allowing those who we serve to have the power of choice and agency." Said Jammella Anderson, Founder Free Food Fridge Albany.

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About Capital Roots. Capital Roots is a 48-year-old nonprofit organization that nourishes healthy communities with more than 50 Community Gardens, the Veggie Mobile®, Healthy Stores, Squash Hunger and more. Capital Roots is headquartered at the Urban Grow Center, a regional food hub focused on urban agriculture and produce distribution to four counties, enabling Capital Roots to deliver local food and services to underserved neighborhoods and low-income families. Learn more at www.capitalroots.org.

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"Partnering with Free Food Fridge has allowed us to amplify a resource that already exists at MACSC, as well as extend its shelf life. I'm grateful for the partnership and hope this will be a widely-used resource for the residents of Mechanicville." Emily Scimeca, Healthy Communities Manager at Capital Roots.

For further information about Capital Roots and its initiatives, please visit www.capitalroots.org. To learn more about the Free Food Fridge project, please visit www.freefoodfridgealbany.com.

Photos of the installation can be accessed [here](#).